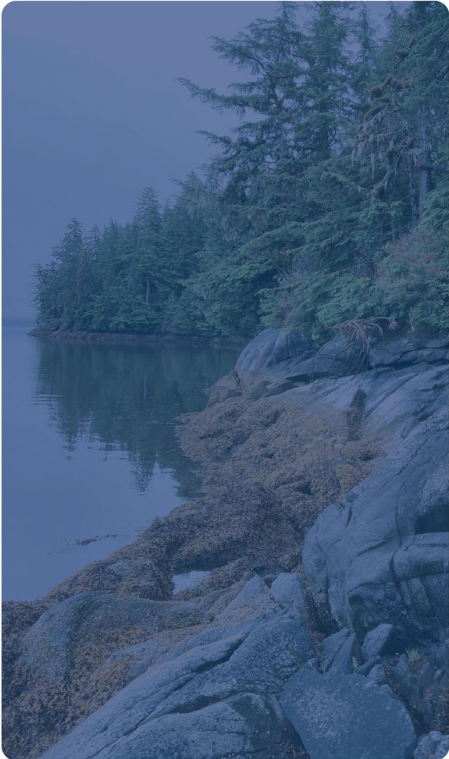
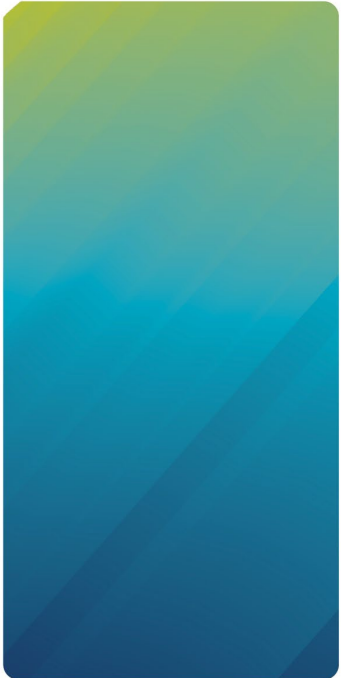


Ongoing Support and Wellbeing: Data Update



Trust
Alaska Mental Health
Trust Authority

Today's Discussion

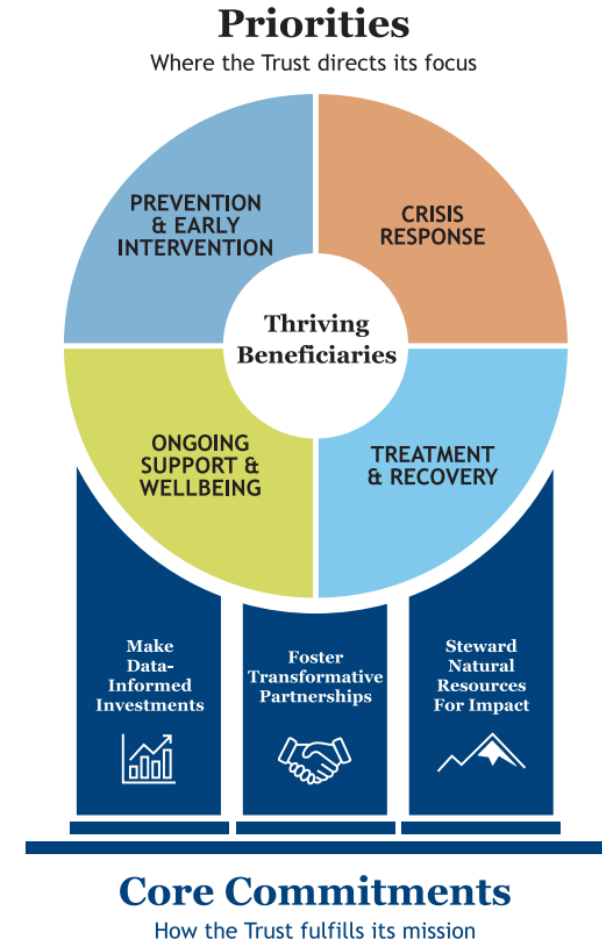
- Priority 4 context: covers a wide breadth of areas
- Statewide indicators on disability, social needs, and stability
- Scorecard highlights on HCBS, housing, safety, and economic well-being
- Program examples from ANHC beneficiary data, supportive housing, Alzheimer's Resource Alaska
- Summary and next steps



Priority 4: Ongoing Support and Wellbeing

What Ongoing Support and Wellbeing is meant to achieve

- Lifelong supports that promote dignity, independence, and self-determination
- Access to stable housing, person-centered care, meaningful work, and community connection
- Strong, reliable systems that ensure beneficiaries experience lasting stability and belonging
- What success looks like: more people supported in home and community, social needs are met, safe and stable housing, ample workforce, access to services, preventive impact.



Data Sources Table

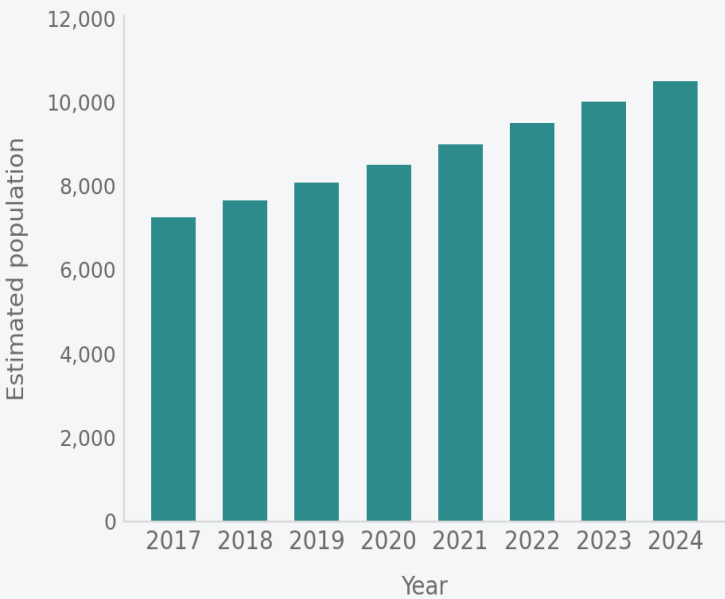
Source	Description	Year
AK BRFSS	Adult use self-report data on disabilities	Current
Health Facilities Data Reporting	Discharge data with relevant Z codes (Social Determinants of Health Data)	Current
AK Adult Protective Services	Reports of Harm	Current
U.S. Census Bureau, American Community Survey	Household data (employment, housing)	Current
CareScout	2025 Cost of Care survey Results (national median rates for long-term care services)	2026
HUD	Annual Homeless Assessment Report	Current
Medicaid MMIS	Medicaid, Home and Community Based Waiver Data	Current



Trust Beneficiary Population Prevalence: ADRD, TBI, DD

Estimated Alaskans by population, 2017-2024

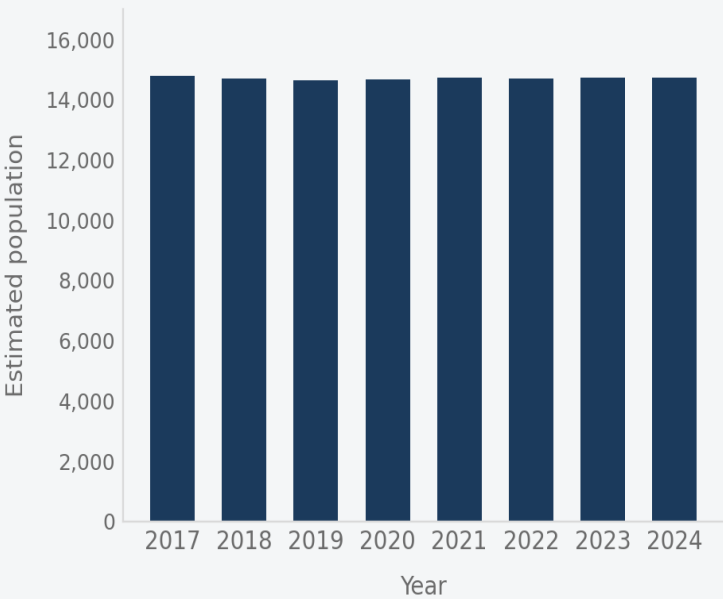
Alzheimer's Disease dementia (65+)



10,500

estimated in 2024 (9.2% of population)

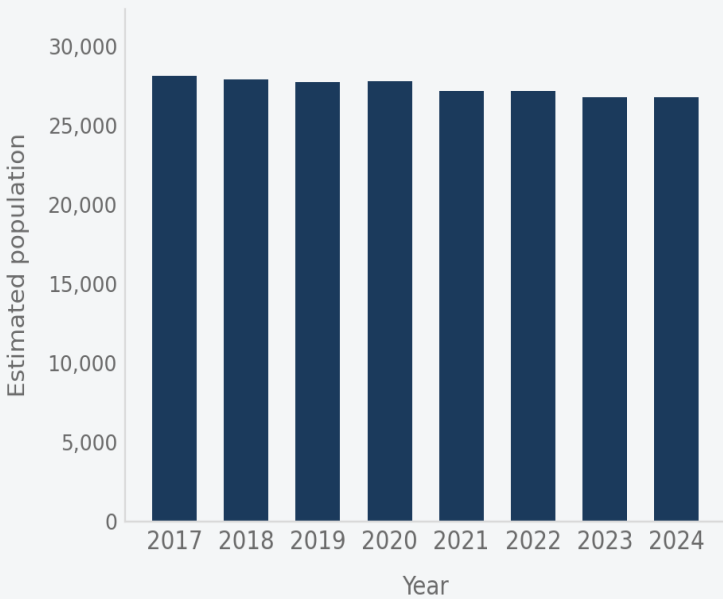
Traumatic brain injuries



14,742

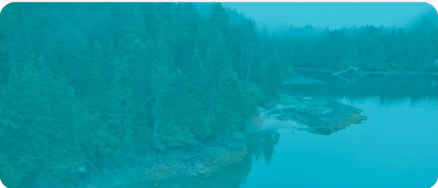
estimated in 2024 (2.0% of population)

Developmental disabilities (Ages 3-17)

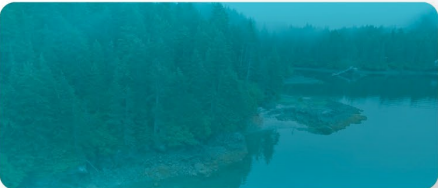


26,726

estimated in 2024 (17.8% of population)



Beneficiary Impact



Access

Organizational
Home & community-based services
Health & behavioral health care
Direct Supports
Care coordination & navigation
Technology
Trauma Informed Care
Person-centered services

Interpersonal
Social connectedness
Safe families
Healthy relationships
Family caregivers
Work-life balance
Collaboration

Policy & Systems

Community

Organizational

Interpersonal

Individual

Policy & Systems
Shared vision - Workforce
Health Insurance - Public
benefits
Housing - Economic stability
Data & quality improvement
Cost of living
Environmental quality - Equitable
systems

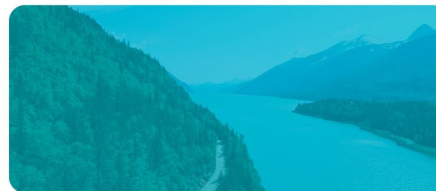
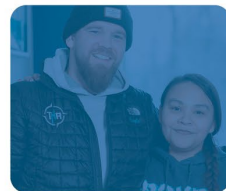
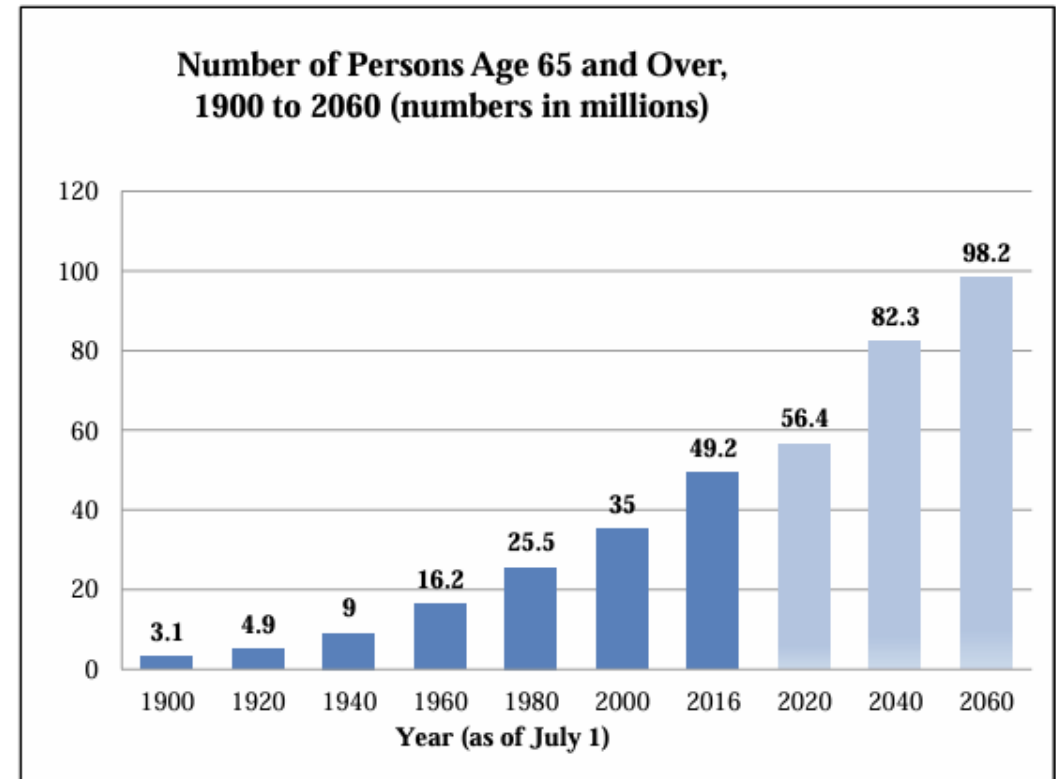
Community
Accessible & affordable
housing
Food security
Community inclusion
Transportation
Recreation
Legal services
Education
Telecommunications
Network
Safe neighborhoods
Quality Jobs

Individual
Health & wellness
Emotional wellbeing
Choice & self-direction
Independence/autonomy
Knowledge and skills

Alaska Home & Community-Based Services (HCBS) Waivers

Purpose: Helps Alaskans with disabilities live at home rather than in institutions.

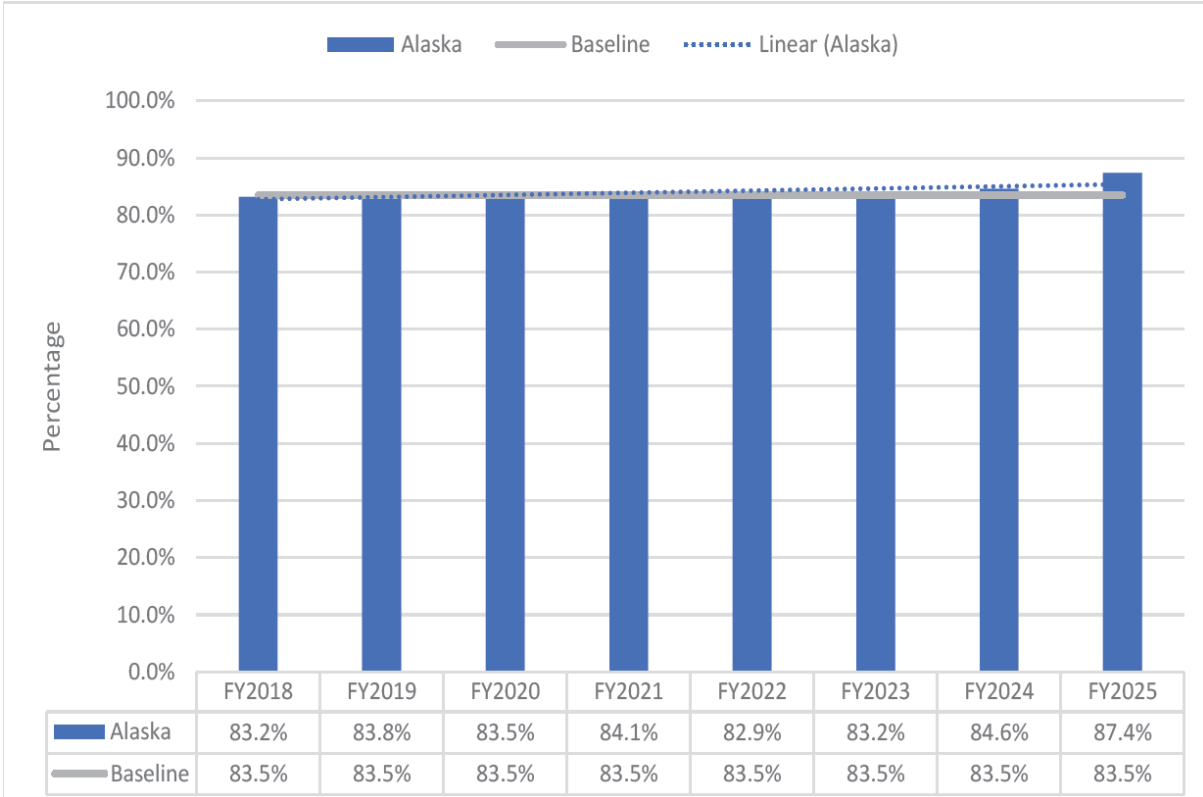
- Medicaid-funded services that help people with disabilities and older adults live in their homes and communities rather than institutions.
- Supports independence, dignity, and community engagement through person-centered care planning.
- Services can include residential supports, in-home services, and community-based supports. Providers are typically private for-profit, nonprofit, and government entities, often operating as small agencies with lean margins.
- Growing because the population is aging, Medicaid is the largest payer for long-term care, and HCBS is less costly than institutional care.



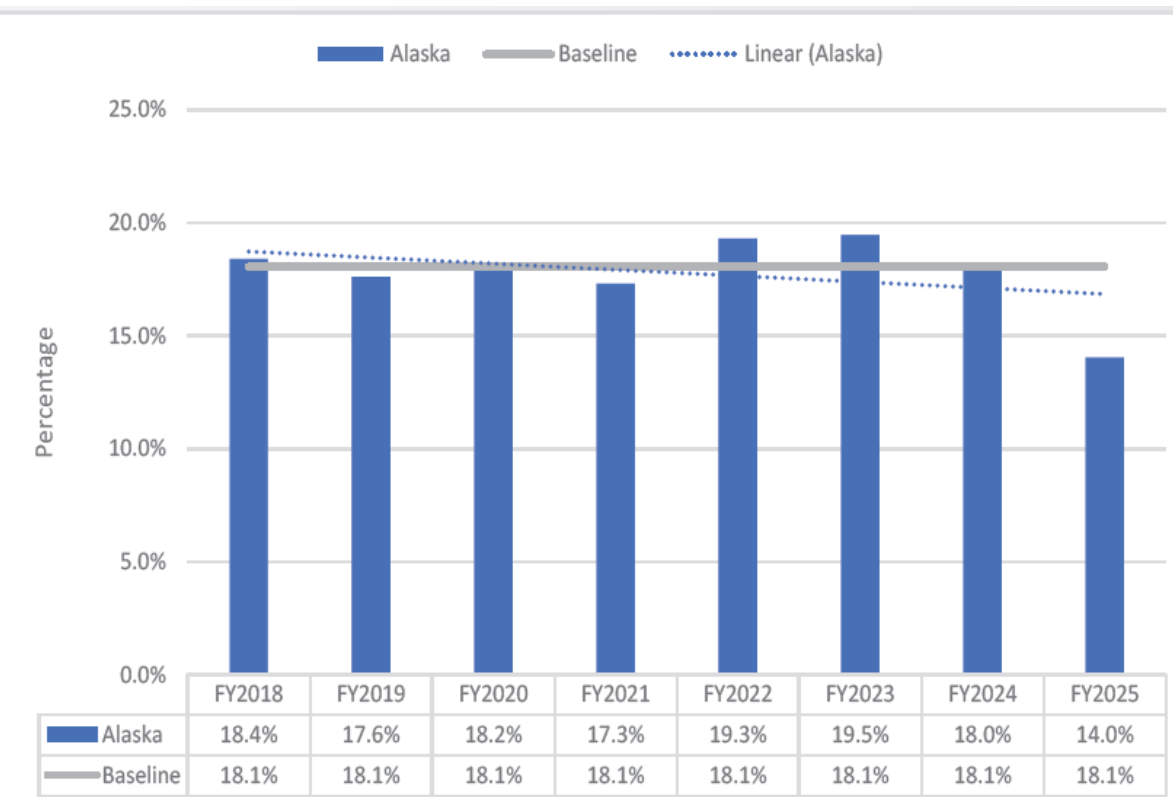
SCORECARD SPOTLIGHT: Community Living and Institutional Care

2025 Alaska Scorecard Indicators — Least Restrictive Environment / Institutional Settings

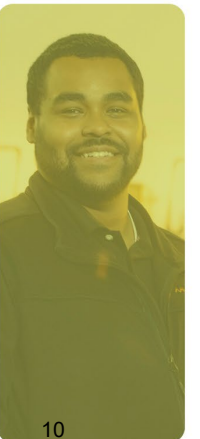
Percentage of Alaskans who meet criteria for an institutional level of care who were served by a home and community based waiver



Percentage of Alaskans who meet criteria for an institutional level of care who were served in nursing homes and Intermediate Care Facilities for Individuals with ICF/IDD



Beneficiary Impact: Shared Vision

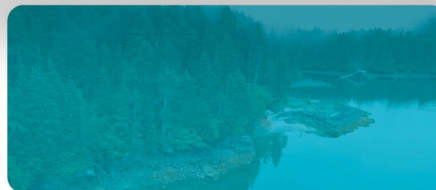


Health Related Social Needs

- Stable housing
- Food security
- Reliable transportation
- Utility security
- Financial security
- Access to recreational opportunities



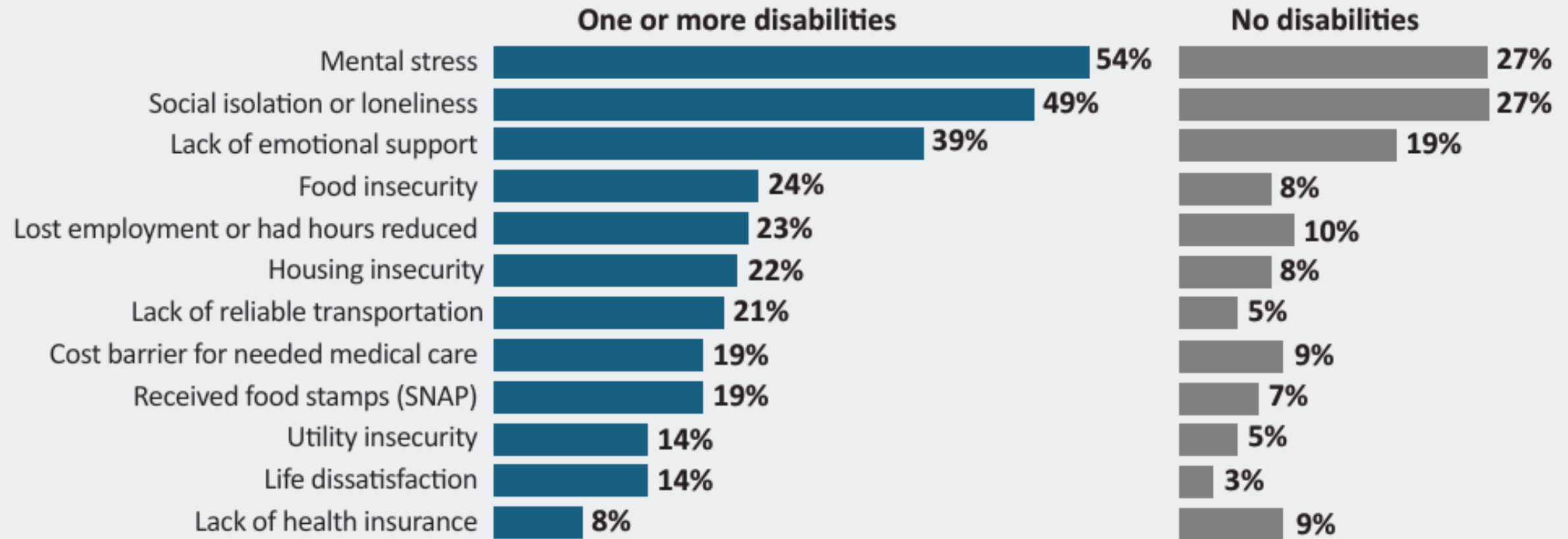
- Access to healthcare
- Safe homes and communities
- Healthy relationships
- Access to quality education and employment



Health-Related Social Needs: Unmet Social Needs

% of Alaska adults experiencing each need, by disability status –AK BRFSS 2022-2023

Percentage of Alaska adults who experience each health-related social need, by disability status



Health-Related Social Needs

Socioeconomic Profile of Alaskans with Disabilities – AK BRFSS 2022-2023

Adults with disabilities make up 30% of Alaska's adult population. They are significantly more likely than adults without disabilities to experience the following:

43%

Household income below
185% of poverty

vs. 22% without disabilities

55%

Age 50 or older

vs. 39% without disabilities

38%

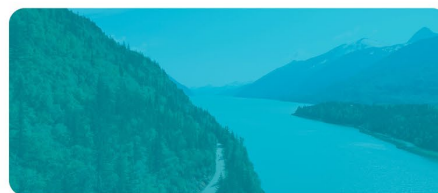
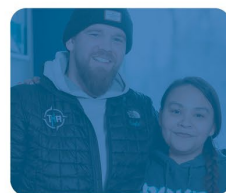
Rate their health as fair or
poor

vs. 9% without disabilities

44%

Out of workforce or not
employed

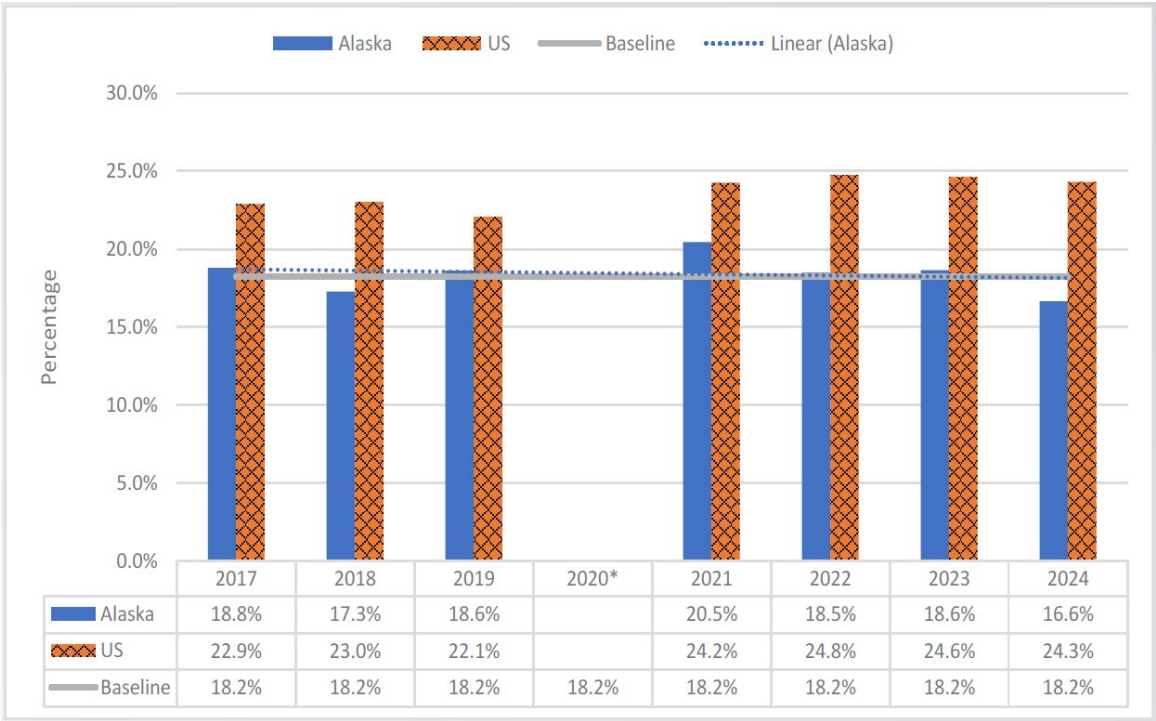
vs. 21% without disabilities



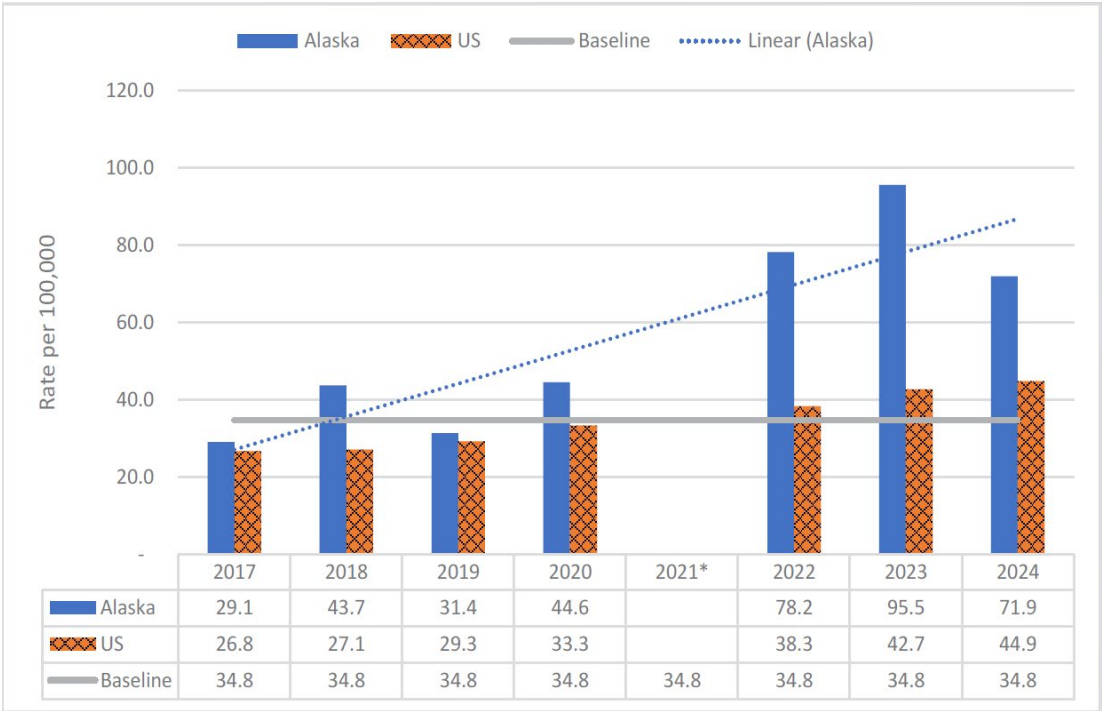
SCORECARD SPOTLIGHT: Housing Stability

2025 Alaska Scorecard Indicators— Economic and Social Well-Being

Rental Cost Burden



Rate of Chronic Homelessness



Beneficiary Impact: Housing



SCORECARD SPOTLIGHT: Protecting Vulnerable Alaskans

2025 Alaska Scorecard Indicator – Founded Reports of Harm to Adults



1.1

per 1,000
adults (FY2025)

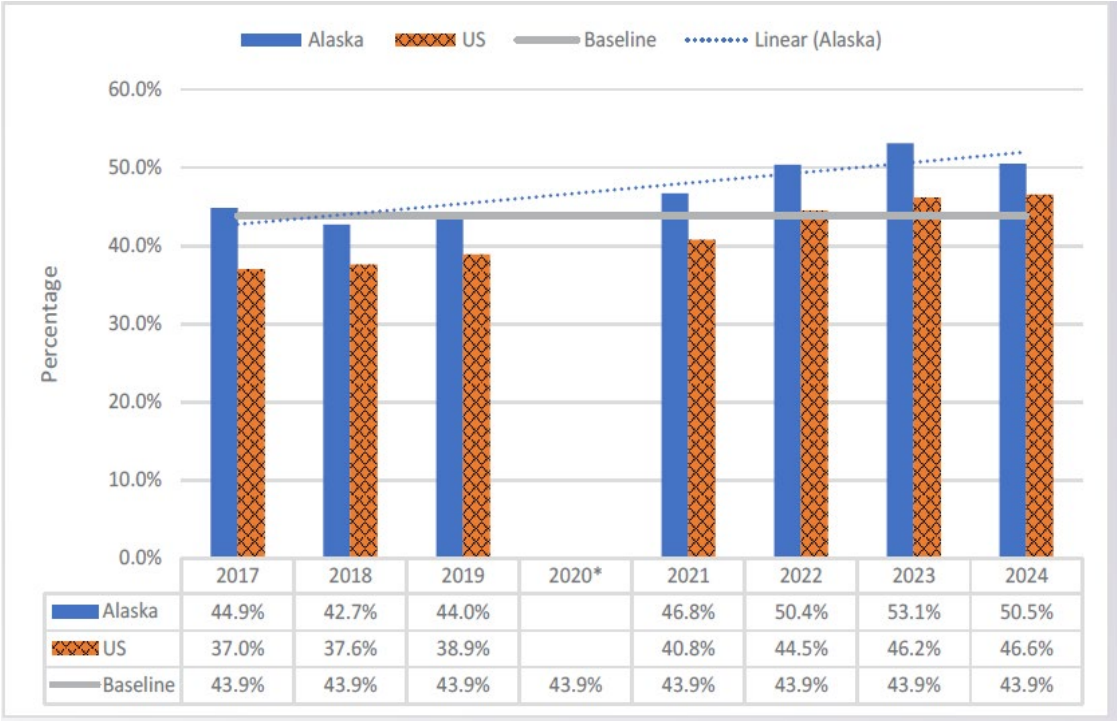
Founded reports
of harm to adults



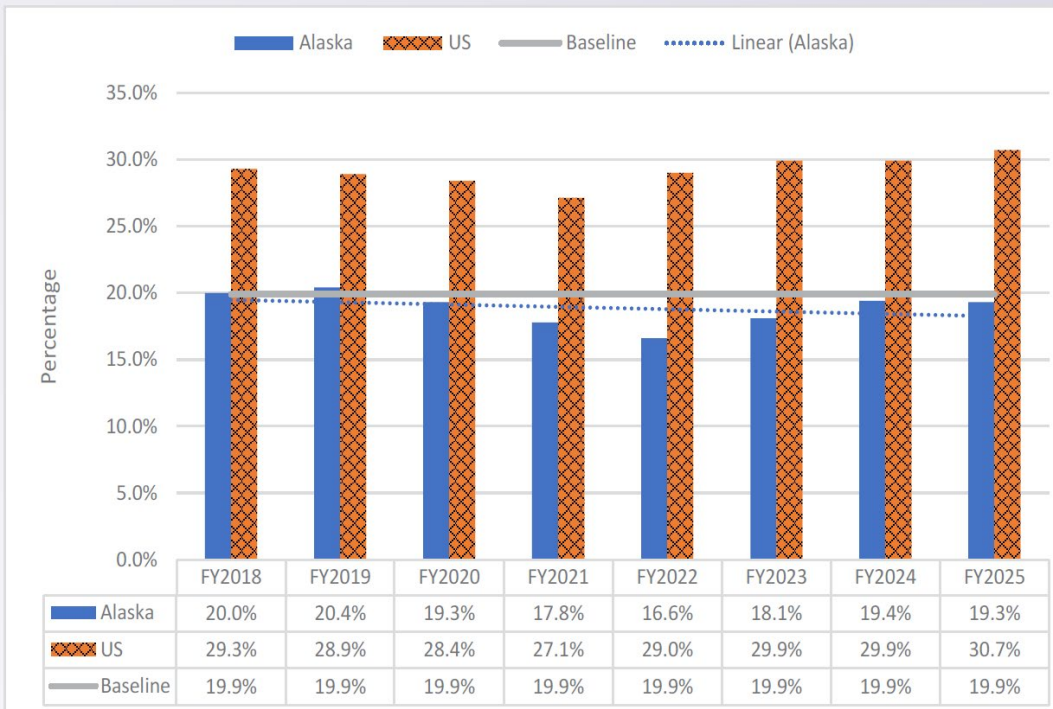
SCORECARD SPOTLIGHT: Economic Well-Being & Funding

2025 Alaska Scorecard Indicators – Employment & Medicaid

Percentage of Alaskans who experience a disability that are employed (Ages 18-64)



Medicaid as % of State Budget



Medicaid in Alaska, June Snapshot

61,882

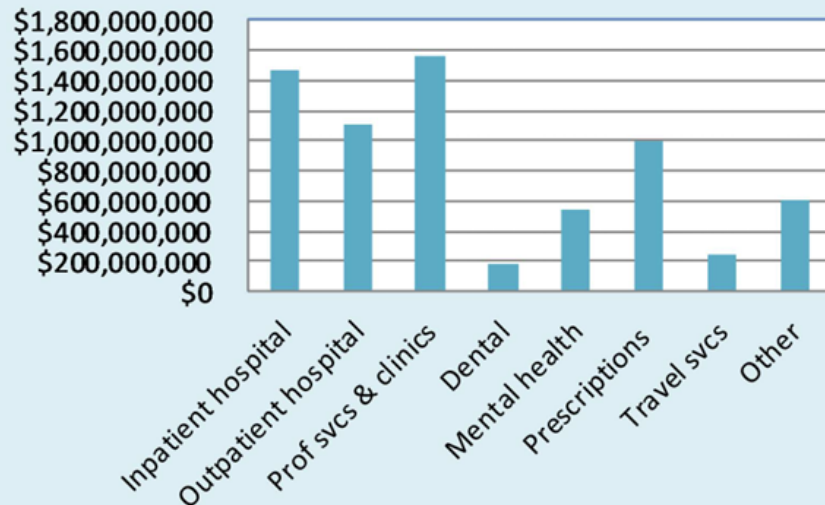
Lives covered by Medicaid expansion

Demographics of Medicaid expansion enrollees

	19-34	35-44	45-54	55-64
Enrollee count	22,939	15,408	11,004	12,531
Male	33,832		Female	28,050

Medicaid expansion began on Sept. 1, 2015 in Alaska.

Medicaid expansion claims paid to date



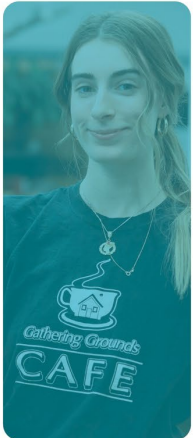
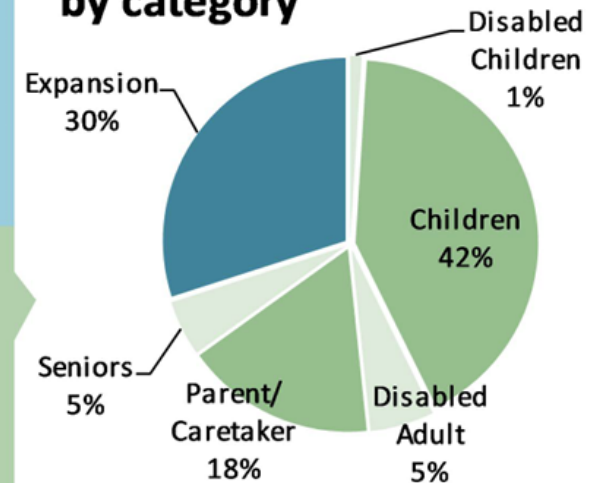
Total
\$6,728,451,239

**Note* The claims payment table labeled "MX CLMS TOTs" represents the summed reimbursement amounts for paid Medicaid expansion claims from 9/1/2015 to 06/30/2026.

100% federally funded through CY16 and will transition to 90% in 2020 and beyond.

Medicaid provides health benefits to many Alaskans.

All Medicaid enrollees by category





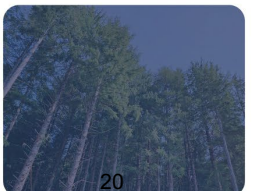
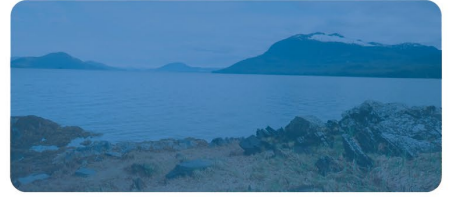
Quality of Life

- Quality of life is overall life satisfaction and wellbeing.
- Key dimensions include health and wellbeing, education, economic wellbeing, social and cultural engagement, environmental quality and safety and security.
- Quality of life indicators identify subjective perceptions and objective measures.
- This is essential for understanding how people live, identifying disparities, and informing policies.

Quality of Life: Education

All students: Graduation, attendance, and early learning are key to opportunity and long-term well-being. Alaska's goal is a 90% four-year graduation rate by 2030.

Students with disabilities: Outcomes are lower across the board. In 2023-2024, their four-year graduation rate was 58.75%, chronic absenteeism was 47.5%, and only 15.02% enrolled in postsecondary education the next year.



Anchorage Neighborhood Health Trust Beneficiary Data

34%

of ANHC patients meet
Trust beneficiary criteria

n = 9,448 of 27,692

99%

of Trust beneficiaries have
a mental health diagnosis

n = 9,370 of 9,448

36%

of Trust beneficiaries
also have a SUD diagnosis

n = 3,396 of 9,448

Trust Beneficiaries by Population Group

MH (SMI/depression/anxiety/PTSD)	9,370 (99.2%)
Substance Use Disorder	3,396 (35.9%)
Developmental Disabilities	487 (5.2%)
Traumatic Brain Injury	223 (2.4%)
Intellectual Disabilities	123 (1.3%)
Dementia / Alzheimer's disease	222 (2.4%)

Key Demographic Profile

55%	female across all beneficiary groups
31%	not employed; 13% disabled/retired
62%	White; 13% Alaska Native / AI
7.8%	need interpreter services
50%	Fairview, Muldoon, Downtown)

Alzheimer's Resource Alaska, FY26 Reach & Engagement

6,942

Unique individuals served

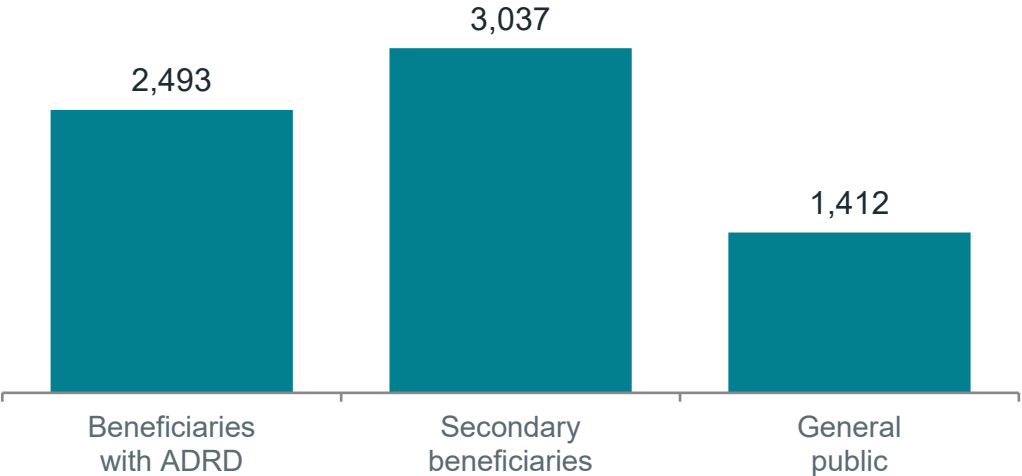
25,494

Total engagements (3.67 per person)

17%

New to ARA this year (1,169 people)

Who Was Served



IN THEIR WORDS

“The impact of your work reaches far beyond clients and families. The ripple effect you create in our community is truly significant.”

From rural communities to urban centers, ARA's team remained committed to ensuring no Alaskan faces dementia alone.

Supportive Housing

- Supportive housing projects provide a long-term opportunity for Trust beneficiaries to have both access to affordable housing and supportive services.
- Construction/Remodel: 12 buildings in 6 communities
- Total Units: 413
- Forget Me Not Manor Phase 1&2 Evaluation
 - After being housed, residents showed a reduced number of police contacts, ER visits and sleep off center nights.
 - Number of days of drinking out of 30 days reduced
 - Number of days feeling unwell reduced
 - Residents think more about their future and personal goals

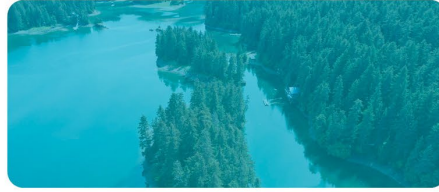


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Summary of Data and Next Steps

- HCBS Waivers
 - Waiver utilization has grown from 83.5% — a positive trend. But waitlists and workforce gaps remain critical threats to capacity.
- Housing
 - Alaska renters face severe cost burden exceeding national averages. Chronic homelessness has improved but remains 60% above U.S. rates.
- Unmet Social Needs
 - Alaskans with disabilities report mental stress, isolation, and social needs at 2× the rate of those without disabilities.
- Data gaps
 - Difficulty identifying outcomes, different data methodology (e.g. disability status). Identification of services necessary to avoid institutionalization.
- Next steps
 - Home and Community Based Services system assessment



Questions?

