



# Alaska Psychiatric Institute

AKMHTA Trustee Meeting

Tracy Dompeling – Acting Commissioner

Department of Family and Community Services

February 19, 2026



# API at a Glance

**Mission:** Providing compassionate healthcare to support Alaskans in living their best possible lives

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## **Capacity and Staff:**

- 5 inpatient units (80 licensed beds)
    - Civil – 60 beds
    - Youth -10 beds
    - Forensic – 10 beds
  - 321 full-time positions
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**FY2027 Budget:** \$66,936.6 (in thousands)

# Population Data: CY 25

**Total Admissions: 474**

**Total Discharges: 478**

## **Average Occupancy Percentage by Population**

- Civil Adult: 91%
- Forensic: 97%
- Adolescent: 72%

## **Average Length of Stay**

- Civil Adult: 40 days
- Forensic: 28 days
- Adolescent: 28 days

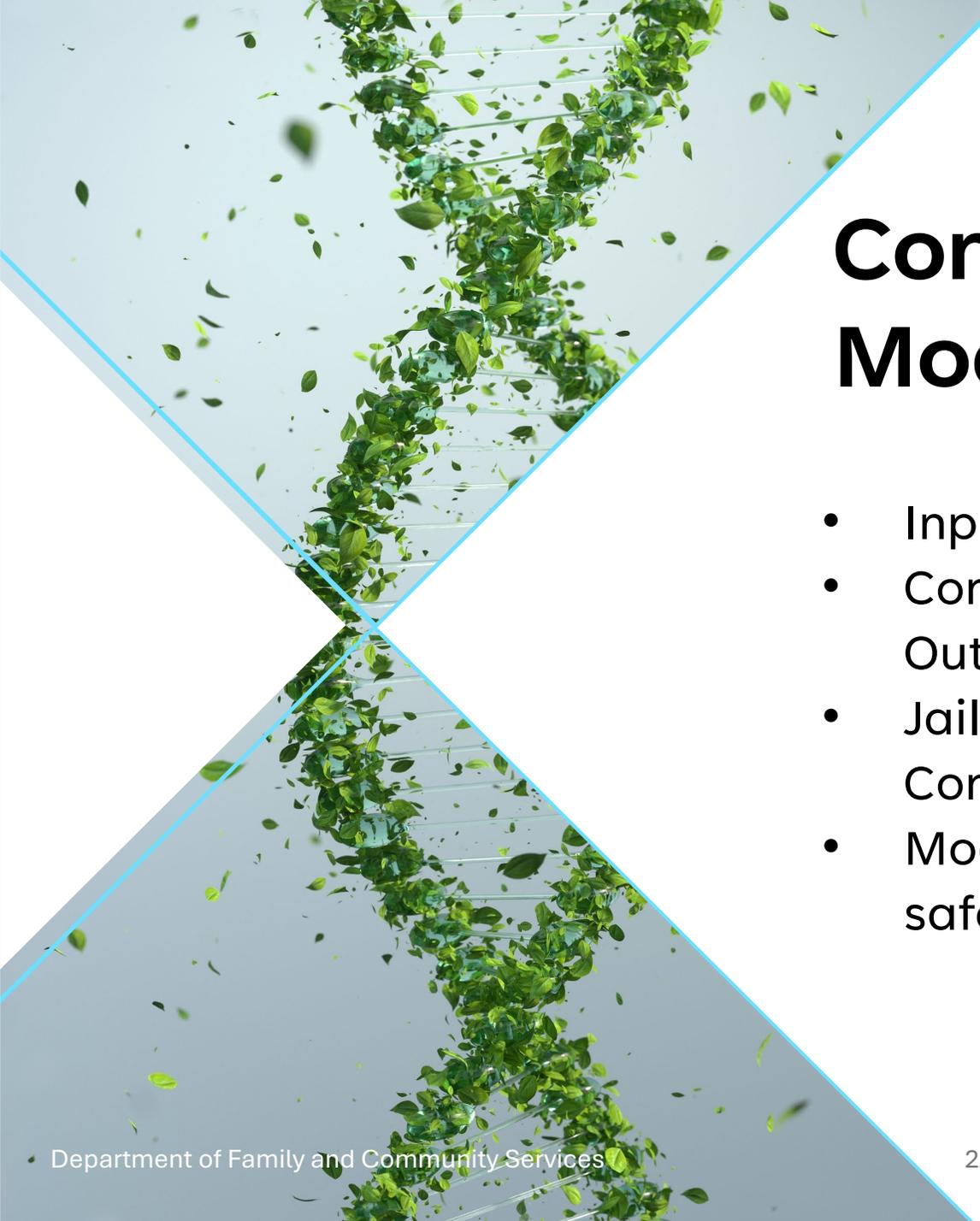
## **Number of “Conversion” Patients**

- Increased from 10 in CY 2021 to 27 in CY 2025



# Competency Restoration & Jail-Based Programs

- What is Competency Restoration?
- Required before a criminal case can proceed
- Restores a defendant's ability to:
  - Understand court proceedings
  - Work effectively with counsel
- Clinical and legal necessity, not punitive care



# Competency Restoration Models

- Inpatient restoration (API Taku Unit)
- Community-based restoration (Midtown Outpatient Clinic)
- Jail-based restoration (Anchorage Correctional Complex)
- Models differ by acuity, restrictiveness, and safety needs

# Forensic Data: CY 2025

## Number of Individuals "Served" Per Restoration Program

- Inpatient: 40
- Outpatient: 6
- Jail-based: 29

## Average Length of Stay for Restoration Patients

- Inpatient: 73 days
- Outpatient: 61 days
- Jail-based: 49 days

## Average Number of Days on Waitlist

- Inpatient: 150
- Outpatient: 4
- Jail-based: 22





# API Successes

- Expanded jail-based restoration partnership with the Department of Corrections
- Increased monitoring of conditional release patients – outpatient clinic at API
- Reaccredited and recertified by The Joint Commission and the Centers for Medicare & Medicaid Services
- Increased revenue collection
- Senior leadership now holds “listening sessions” six times a year so staff may ask questions and voice concerns
- Employees who lost time from an injury decreased from 24 in 2021 to 3 in 2026 (calendar year)

# Ongoing Challenges

- Persistent forensic demand driving census pressure
- Limited step-down and community placement options
- Workforce recruitment and retention challenges: Increasing vacancy and turnover rates
- Aging infrastructure and operational constraints

# 2026 Focus Areas



## IMPROVE FACILITIES

- Implement a new electronic medical record system
- Improvements to treatment units: nursing station security and new vinyl flooring (2 units)



## STRENGTHEN SKILLS

- Strengthen supervisory and leadership skills – Alaska Hospital & Healthcare Association grant



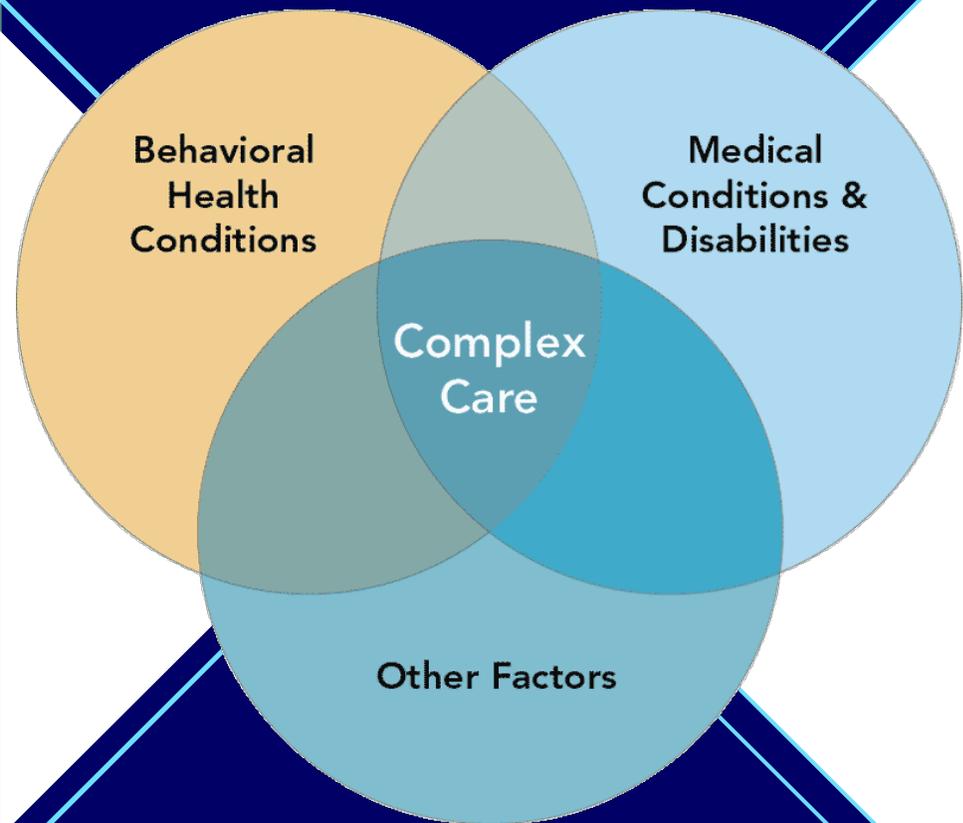
## INCREASE CAPACITY

- Explore increased capacity in the competency restoration program

# Complex Care: Overview

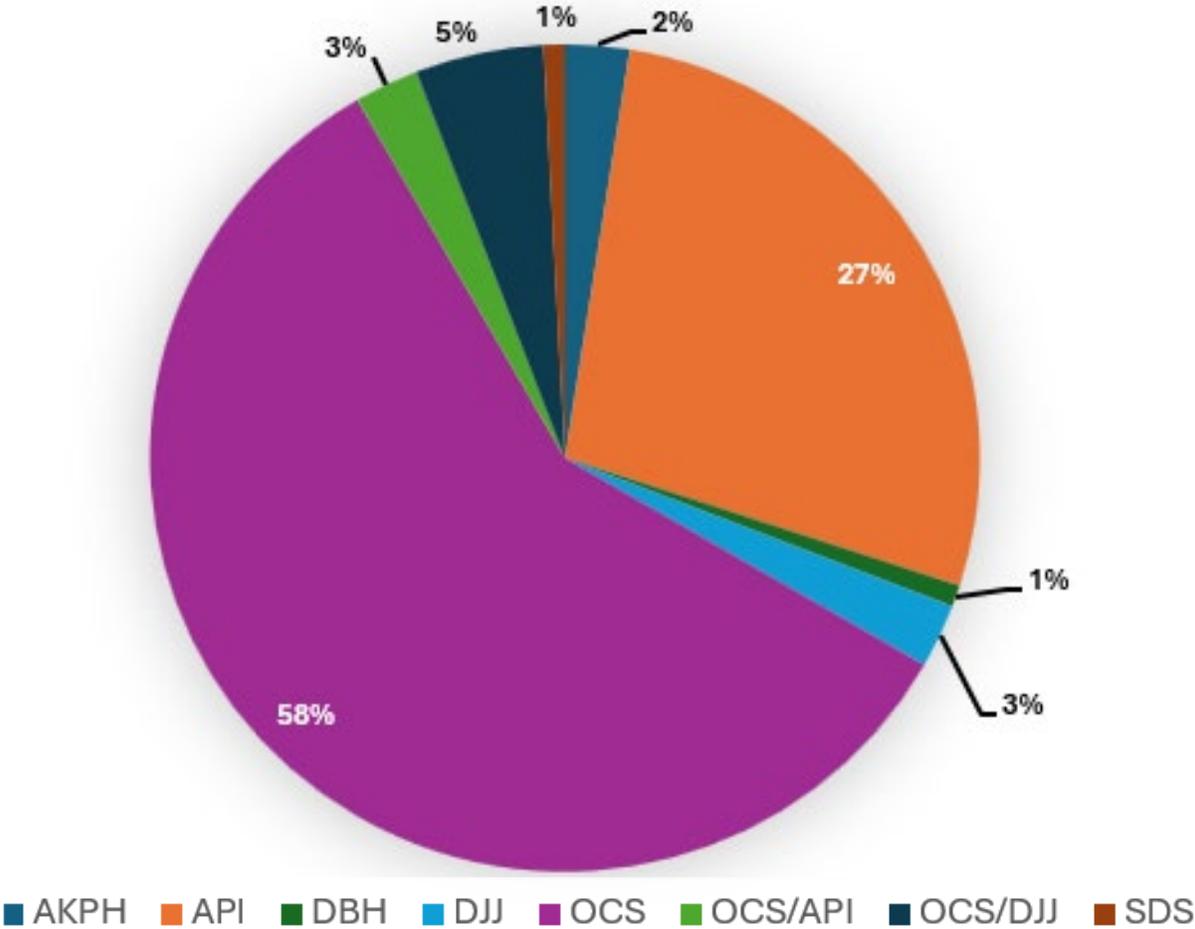
The Coordinated Health and Complex Care Unit (CHCCU) partners across DFCS divisions and with the Department of Health to create a coordinated system that delivers compassionate, timely, and person-centered care for the most vulnerable and complex Alaskans. The unit accepts referrals from:

- Office of Children's Services
- Alaska Psychiatric Institute
- Division of Juvenile Justice
  - Alaska Pioneer Homes
- Division of Behavioral Health
- Division of Senior and Disabilities Services



# CHCCU: Data

## 2024-2026 Referrals to CHCCU by Division



# CHCCU: Data

FY26 Q2 CHCCU Case Count by Division			
Division / Department	Number of Cases	Currently Open Cases	Cases Closed at End of Quarter
API	15	10	5
OCS	24	17	7
DJJ	2*	2	0
AKPH	2	1	1
DOH (SDS)	1	0	1

\*Current DJJ cases overlap with OCS. These cases are not included in the OCS case count.

- ### Adults
- Schizophrenia spectrum and other psychotic disorders
  - Neurocognitive disorders
  - Medical diagnosis
  - Neurodevelopmental disorders

- ### Youth
- Neurodevelopmental disorders (ADHD, autism, intellectual disability)
  - Trauma and stressor-related disorders
  - Disruptive, impulse control, and conduct disorders
  - Schizophrenia spectrum and other psychotic disorders
  - Personality disorders
  - Neurocognitive disorders



# Thank You

For more information, please contact:

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