

Grant Approval Memo



Grantee: Mat Su Youth Housing
Request Amount: \$430,000.00
Project Title: My House services continuum of care.
Grant Term: 7/1/2026 to 6/30/2027
Trust Staff: Eric Boyer

Staff Analysis:

- **What does this project do?**
My House will use the grant funds to expand the operational clinical, behavioral health, and recovery services team by expanding clinical oversight, improving treatment availability, and reinforcing coordinated care across the continuum of services. The treatment team will provide the foundation for increased screening and assessment of youth aged 14-25. This will expand the number of youths My House can serve in their outpatient and residential facilities. These services include outpatient behavioral health services as well as crisis stabilization, case management, vocational training, and substance misuse residential treatment. Performance measures will track the outcomes of treatment to beneficiaries served, and on-going stabilization in community.
- **Who is receiving the funds?**
MyHouse is a nonprofit youth-serving organization in the Mat-Su that provides crisis stabilization, transitional housing, behavioral health treatment, vocational training, and case management. The organization operates a drop-in center as well as residential and outpatient clinical programs and serves youth throughout the Mat-Su Borough and surrounding communities.
- **Why is staff recommending this project?**
This project addresses a critical gap in behavioral health and stabilization for vulnerable youth who are in crisis due to substance misuse, interpersonal violence, mental illness, and survivors of trafficking. My House provides crisis stabilization services to youth in need and through their wraparound services model, they provide services such as transitional housing, mental health and addiction recovery support, vocational and job training, work therapy, individualized case management, and residential programming. Strengthening My House's service delivery directly benefits Alaska by reducing youth homelessness, supporting early intervention for behavioral health conditions, improving long-term housing and employment outcomes, and decreasing the broader social and economic impacts associated with untreated trauma, addiction, and mental illness.
- **Will this be a multi-year project?**
This is a one-year (12-month) funding project.

Grant Approval Memo



Trust Five Year Funding History

No Trust grants during this period.

Comp Plan Identification

Area of Focus	Objective	Comments
Area of Focus 5: Suicide Prevention	5.2 Support and improve the system to assist individuals in crisis	

Trust Focus Area Connection

Budget Area	Strategy	Comments
Mental Health & Addiction Intervention	MHAI - Improve Treatment & Recovery Support Services	

Project Description (from grant application)

My House serves vulnerable youth and young adults ages 14 to 25 who are experiencing homelessness, housing instability, substance use, exploitation, and disconnection from education, employment, and family support.

My House prioritizes outreach to populations facing systemic barriers, including Alaska Native youth, LGBTQ+ individuals, survivors of trafficking and domestic violence, and youth aging out of foster care or juvenile justice systems. Through a trauma-informed and youth-centered approach, My House provides comprehensive wraparound services such as transitional housing, mental health and addiction recovery support, vocational and job training, work therapy, individualized case management, crisis services, and residential programing.

Geographically,

My House operates within the Matanuska-Susitna Borough, with its primary service hub located in Wasilla, Alaska. Programs extend to surrounding communities including Palmer, Houston, Big Lake, Meadow Lakes, and Talkeetna, as well as remote tribal villages, anchorage and underserved rural areas where youth often lack access to behavioral health resources.

This funding will significantly strengthen My House's capacity to serve high-risk youth who are at elevated risk for homelessness, substance use, co-occurring behavioral health disorders, exploitation, to include human trafficking and long-term instability. By increasing access to timely clinical care, crisis intervention, structured case management, and peer-supported recovery services, the project will expand program capacity, improve safety outcomes, and promote stabilization for young people who frequently cycle through emergency systems or become long-term homeless adults with behavioral health needs, incarceration and death. Strengthening My House's service delivery directly benefits Alaska by reducing youth homelessness, supporting early intervention for behavioral health conditions, improving long-term housing and employment outcomes, and decreasing the broader social and economic impacts associated with untreated trauma, addiction, and mental illness. By

Grant Approval Memo



expanding prevention, treatment, and stabilization services throughout the Mat-Su Borough, this funding contributes to a healthier, safer, and more sustainable environment for the youth we serve.

Service expansion

The addition of the requested positions will increase My House's ability to deliver high-quality behavioral health and recovery services by expanding clinical oversight, improving treatment availability, and reinforcing coordinated care across the continuum of services. The full time Clinical Supervisor will ensure consistent clinical oversight, maintain CARF-level compliance, and support the safe, effective management of increasingly complex cases enabling the program to serve more youth without compromising quality. The Peer Support Specialist will expand engagement and retention in treatment by providing lived experience-based mentorship, outreach, and ongoing recovery support, allowing the organization to reach youth who might otherwise remain disconnected from services. The Case Manager will increase program capacity by supporting a greater number of youths, ensuring each participant receives comprehensive, individualized resource coordination, crisis support, and continuity of care across behavioral health, housing, educational, and recovery domains. The Co-Occurring Disorder Clinician will expand specialized treatment for youth experiencing both mental health and substance use conditions, reducing wait times and ensuring timely access to assessments, crisis intervention, and clinically appropriate therapeutic services. The Data Specialist will strengthen operational efficiency and compliance by managing all GPRA data, conducting quality assurance of clinical documentation, and ensuring accurate state and federal reporting functions that support long term sustainability and allow the program to responsibly scale services for additional beneficiaries. Collectively, these positions will enable My House to serve a substantially larger number of high-risk youth, respond more effectively to behavioral health crises, deliver timelier and coordinated services, and support improved long-term outcomes for vulnerable young people across the Matanuska-Susitna Borough.

Safety

My House is also requesting contract funding to support professional security services for the My House Carson Cottle Center. These contracted services will provide full-time oversight of the security desk as well as monitoring and management of all entry and exit points throughout the facility. The security team will ensure controlled access, deter unauthorized entry, and provide rapid response to safety concerns or emergencies.

This funding is essential because My House serves highly vulnerable youth and young adults ages 14–24, many of whom are experiencing homelessness, exploitation, substance use, human trafficking, and other significant behavioral health-related risks. Many clients arrive in crisis, fleeing dangerous environments or actively being targeted by traffickers, abusive partners, exploiters, or other harmful individuals. Maintaining a secure, professionally monitored facility is critical to safeguarding these youth, ensuring staff safety, protecting the therapeutic environment, and preventing further victimization.

Grantee Proposed Evaluation Measures (from grant application)

If awarded My House will work with the Trust to develop meaningful measures for this project.

Data collected through client Outcome Measures will be used to actively manage, monitor, and enhance the program's effectiveness in serving young adults with SUD/COD. Intake, follow-up, and

Grant Approval Memo



discharge data will be analyzed to identify trends in client engagement, service utilization, and behavioral health outcomes. These insights will inform real-time adjustments to outreach strategies, staffing, and service delivery models.

For example, if we see no change in social connectedness leadership would look at strategies to increase social connections. Perhaps we would increase our 12-step meeting attendance or provide additional ways for young people to connect with healthy individuals.

If employment and education were down, we could add a GED course or address additional needs in our work therapy sites and reassess for improvement. Ultimately, GPRA data will serve as a feedback loop—driving strategic decisions, enhancing service quality, and improving outcomes for youth across the Mat-Su Valley.

My House also has a Continue Quality Control meeting quarterly where we will look at GPRA outcomes and brainstorm short term goals, adjust, and remeasure for change.

My House has the ability to evaluate performance measures several different ways.

Some examples of possible measures are below.

NUMERIC

Numbers of clients served over the project period.

Number of clients receiving training through My house social enterprises.

Number of clients attending residential treatment.

Number of clients receiving case management.

Number of clients receiving crisis services

GOAL AND OBJECTIVE

Overarching Purpose: Improve the life domains of young adults and youth residents by providing needed services in a safe supportive environment.

Goal 1: Provide Residential Behavioral Health services to youth and young adults.

Objective 1.1: Provide a safe secure location for service provision.

Objective 1.2: Provide immediate access to basic needs in our youth drop-in center.

Objective 1.3: 100% of assessed participants will have access to pre-treatment or peer services, if not admitted immediately entering into residential services.

Objective 1.4: 100% of admission will be provided weekly peer-based group and individual support.

Goal 2: Provide Crisis Stabilization and Crisis Intervention services.

Objective 2.1: 100% of Crisis clients will have access to a Mental Health Clinician and peer support services.

Objective 2.2: 100% of Crisis clients will be offered an integrated assessment.

Objective 2.3: 100% of assessment participants will receive referral and linkage to care.

Objective 2.4: Achieve 80% satisfaction rate for all services.

Goal 3: Provide work therapy and work training to My House residential participants.

Objective 3.1: 80% of qualifying participants will participate in work therapy/job training or education.

Objective 3.2: 90% of Residential participants will participate in job training or education services.

Objective 3.3: 80% of Residential participants will have employment upon treatment completion.

Objective 3.4: 80% of Residential graduates will be offered safe housing upon treatment completion.

Grant Approval Memo



Objective 3.5: 100% of Residential clients will have access to peer support and Job Training.
Objective 3.6: Achieve 80% follow up rate.

Proposed Project Performance Measures (developed by the Trust)

How much did you do?

- a. Total number (#) of unduplicated clients served during the grant reporting period
 - i. Number (#) of clients served by primary Trust beneficiary category.
 - ii. Number (#) of clients served by age range (14-18, 19-24).
- b. Number (#) of unduplicated staff members serving Trust beneficiary clients during the grant reporting period.
- c. Service utilization during the grant reporting period:
 - i. Number (#) of clients receiving training through My House social enterprises.
 - ii. Number (#) of clients receiving residential treatment services.
 - iii. Number (#) of clients receiving case management services.
 - iv. Number (#) of clients receiving crisis services.
 - v. Number (#) of clients utilizing drop-in services.
 - vi. Number (#) of clients receiving peer support services.
 - vii. Number (#) of clients participating in job training or education services.

How well did you do it?

- a. Provide a narrative describing the timeline, activities, successes, challenges, and any lessons learned during the grant reporting period.
- b. Number (#) and percentage (%) of clients who were satisfied with the services received through My House.
- c. Number (#) and percentage (%) of clients who felt they were treated with dignity, compassion, and respect while receiving services through My House.
- d. Number (#) and percentage (%) of clients who felt safe and supported while receiving services through My House.

Is anyone better off?

- a. Number (#) and percentage (%) of clients receiving Crisis Stabilization and Crisis Intervention services who received a referral and linkage to care.
- b. Number (#) and percentage (%) of Residential clients who are employed upon treatment completion.
- c. Four statements from clients that describe how the participating in the program has impacted their quality of life.

Sustainability (from grant application)

Yes, this project will continue after Trust Partnership funding has ended. Trust funds will be used to support program start up and capacity building activities, while long-term sustainability will be achieved through ongoing Medicaid reimbursement.

Grant Approval Memo



My House is an enrolled Medicaid provider and began billing for eligible clinical and supportive services in November 2024. As a result, the project will generate recurring program revenue through Medicaid billing for services already being delivered, including assessments, treatment services, care coordination, and peer support services. As program capacity increases, the volume of billable services will also increase, providing a stable and renewable funding source beyond the grant period.

Medicaid reimbursement will support core operational costs, including clinical staff, case managers, and licensed providers, and will allow the program to maintain and expand services without reducing access for low-income participants. Additional sustainability will be supported through strategic reinvestment of Medicaid revenue into workforce retention, quality improvement, and program expansion, ensuring the project's continued impact after Trust funding concludes.

RHTP Future funding

My House is preparing to submit several Letters of Intent for funding consideration through the RHTP program. We understand that RHTP uses a two-stage process and that selected Letters of Intent will be invited to submit a full application. For this funding cycle, My House plans to submit requests under the Healthy Beginnings, Health Care Access, and Healthy Communities priority areas.

Who We Serve (from grant application)

MYHouse's service population are all youth between the ages of 14-25 and family members willing to engage in services. We are located in Mat Su Borough, but we have participants who come to us from all over the state of Alaska

Over the past year 100% of individuals coming to our drop-in center report being homeless or being at risk for homelessness 87% of individual receiving intake reported a behavioral health need, to include services for SUD, MH and co-occurring disorders in addition to a need for housing, job skills, education, food, and basic needs. In addition to the above 52% of clients reported experiencing domestic violence, sexual assault, sexually and/or labor trafficked as well as incest.

This project will directly address service gaps for youth and young adults' by streamlining and increasing access to integrated treatment, case management, peer support, work force development and wraparound services for youth with SUD/COD. Services will be available to all residents between the ages of 14-18 and 18-26 and are designed to fill gaps in the Mat-Su continuum for Behavior Health such as:

- Age-appropriate services that focus on transition from youth to adulthood.
- Services for individuals escaping trafficking.
- Drop-in crisis services, to include intervention and stabilization.
- A lack of pre-treatment services in the community
- Intensive Case Management services that focus on exit strategies
- Waitlist time to obtain all services.
- Wrap around services for young adults exiting DJJ and DOJ
- Minimal youth (age 14-18) treatment services, to include Crisis and Recovery High school services. (in the new CCC 2026)

Grant Approval Memo



- Supporting housing and work force development

Estimated Numbers of Beneficiaries Served Experiencing (from grant application)

Mental Illness:	150
Developmental Disabilities:	80
Substance Abuse	110
Traumatic Brain Injuries:	8

Project Budget (from grant application)

Personnel Services Costs	\$326,906.00
Personnel Services Costs (Other Sources)	\$0.00
Personnel Services Narrative	<p>Clinical Supervisor 1.0 FTE @ \$90K plus tax & Work Comp = \$99,239 is requested for this position. The Clinical Supervisor will oversee the delivery of all behavioral health and recovery services within the program. This position provides supervision and guidance to clinicians, case managers, and peer support staff to ensure services are trauma-informed, evidence-based, and aligned with best practices for youth with complex behavioral health needs. The Clinical Supervisor will conduct regular clinical supervision, monitor caseloads, support crisis decision-making, and ensure adherence to treatment standards. Additionally, this role will collaborate with the Program Manager to compile required program data, complete reports, and maintain compliance with CARF accreditation and other regulatory requirements. The Clinical Supervisor ensures consistency, quality, and safety across all clinical operations.</p> <p>Peer Support 1.0 FTE @ 55K plus tax & work comp = \$60,649 is requested for this position. The Peer Support Specialist will provide lived-experience-based support to youth experiencing homelessness, substance use disorders, or co-occurring mental health conditions. This position will engage clients through outreach, relationship-building, and ongoing recovery support. Working alongside the treatment team, the Peer Navigator will help participants access appointments, connect with community resources, build coping skills, and remain engaged in treatment. Peer support is essential for increasing trust, reducing stigma, and promoting long-term recovery for youth who may be hesitant to engage with traditional systems.</p> <p>Case Manager 1.0 FTE @ 62K plus tax & work comp = \$68,367 is requested to provide case management. The Case Manager</p>

Grant Approval Memo



	<p>will deliver comprehensive case management services for youth accessing the drop-in center or participating in behavioral health programming. Responsibilities include conducting needs assessments, creating individualized service plans, connecting clients to housing, treatment, employment, and education resources, and coordinating crisis intervention when needed. The Case Manager provides ongoing follow-up, service navigation, and advocacy to ensure clients receive consistent, wraparound support. This role helps stabilize youth and ensures continuity of care across multiple systems.</p> <p>Co-Occurring Disorder Clinician .5 FTE @ \$35K plus tax & work comp = \$39,162 is requested for this position. The Co-Occurring Disorder Clinician will provide specialized assessment, diagnosis, and treatment for youth with both substance use and mental health disorders. This clinician will conduct screenings, facilitate counseling, support crisis stabilization, and deliver individual, and group therapeutic interventions tailored to the needs of youth with trauma histories. Given the high prevalence of co-occurring disorders among program participants, this clinician is essential for ensuring timely access to clinical support and for preventing behavioral health crises from escalating.</p> <p>DATA Specialist 1 FTE @ \$52,820K plus tax & work comp = \$59,489 is requested for this position. The Data Specialist will manage all GPRA data entry, tracking, and required follow-up for program participants. This role ensures accurate reporting for grant compliance and supports continuous quality improvement through data monitoring and record audits. Duties include verifying the completeness of clinical documentation, preparing program reports, and supporting audit readiness. Accurate data collection is critical for maintaining compliance with state and federal requirements, monitoring outcomes, and demonstrating program effectiveness.</p>
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Supplies Costs	\$9,600.00
Supplies Costs (Other Sources)	\$9,600.00
Supplies Narrative	<p>Office Supplies - \$1,200 is requested for standard office supplies such as printer ink, toner, copy paper, pens, and files needed for general operation of the project.</p> <p>Vehicle Fuel - \$3,600 is requested for client transport vehicle fuel estimated at 1,200 miles per month, 100 gallons per month.</p>

Grant Approval Memo



	<p>Youth Recovery and Cultural Connection Activity Supplies - \$2,400 is requested for supplies to support wellbeing group activities such as beading, drum making, and cooking.</p> <p>Youth Wellness Support Group Materials and Food - \$2,400 is requested for food and materials (handouts, literature, etc.) for wellness support group meetings.</p>
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Equipment Costs	\$12,000.00
Equipment Costs (Other Sources)	\$0.00
Equipment Narrative	Laptops - \$12,000 is requested for the purchase of a new laptop estimated at \$2,000 per computer.

Other Costs	\$81,494.00
Other Costs (Other Sources)	\$0.00
Other Costs Narrative	<p>Client support \$1,494 such as UA's, food packs, clothing & hygiene products.</p> <p>Contracted services from a local security group in the amount of \$80,000 are being requested. The selected security team will provide comprehensive oversight of the security desk, in addition to continuous monitoring of all entrance and exit points throughout the MyHouse Carson Cottle Center. These services are essential to ensuring the safety and well-being of our clients, many of whom are vulnerable and may be at heightened risk of exploitation. The presence of trained security personnel helps deter unauthorized access, supports rapid response to safety concerns, and strengthens our overall protection measures against risks including human trafficking and other forms of client endangerment.</p> <p>This investment reflects our commitment to maintaining a secure environment where clients, staff, and visitors can rely on consistent safeguards and professional oversight."</p>

Other Funding Sources (from grant application)

Carson Cottle Center appropriation Secured	\$23,000,000.00
Harnish Foundation Secured	\$50,000.00
DBH Peer support and DBH Recovery Housing Secured	\$342,000.00
CDVSA Secured	\$303,136.00
Mat-Su Health Foundation Pending	\$3,113,192.00
OVW trafficking Pending	\$499,790.00
Susan Dell Foundation Pending	\$75,000.00
YHDP Secured & AHFC, Secured	\$201,100.00

Grant Approval Memo



AHFC BHAP Secured	\$100,000.00
Total Leveraged Funds	\$27,684,218.00