

# Grant Approval Memo



**Grantee:** Resource Center for Parents & Children  
**Request Amount:** \$145,000.00  
**Project Title:** Family Support  
**Grant Term:** 7/1/2026 to 6/30/2027  
**Trust Staff:** Tina Voelker-Ross

## Staff Analysis:

- What does this project do?

This project will support the Resource Center for Parents and Children (RCPC) to expand staffing capacity for their Family Support program. This program is a fully self-referred, no wrong-door service that ensures that any caregiver seeking help receives assistance. Through this program, RCPC provides services that include assistance with basic needs, parent education and parenting classes, caregiver support and skill-building, case management and resource navigation, and connections to behavioral health, substance misuse treatment, housing, legal and community services. Trust funds are for personnel, supplies, equipment and other costs (staff training in the Circle of Security Parenting course).
- Who is receiving the funds?

Resource Center for Parents and Children (RCPC) is a non-profit organization established in 1973 and located in Fairbanks, Alaska. RCPC is an agency dedicated to preventing and responding to child maltreatment through early intervention, education, and family-centered support. The Family Support Program is a fully self-referred, no-wrong-door service, ensuring that any caregiver seeking help receives assistance. The Family Support Program is an established and foundational service of the Resource Center for Parents and Children (RCPC). This program reflects the original vision of RCPC's founders in the 1970s: meeting families where they are, responding to immediate needs, and strengthening caregiver capacity to promote safe, stable, and nurturing homes.
- Why is staff recommending this project?

RCPC offers no wrong-door access to services for families. They are experiencing sustained demand and growth which requires program expansion to maintain responsiveness and effectiveness. RCPC serves families in the Fairbanks North Star Borough who face complex challenges, including economic hardship, caregiver stress, mental health concerns, substance misuse, social isolation, and limited access to essential resources. These stressors, ACEs, and household challenges increase the risk of children becoming a Trust beneficiary and the risk of child abuse and neglect. There is notable overlap between the Trust beneficiary areas of mental illness, substance use disorders, intellectual and developmental disabilities, and traumatic brain injuries and the parents and families that are served at RCPC. Without accessible, low-barrier support, families experiencing these pressures are at greater risk of crisis, instability, and involvement with more intensive systems of care. This funding will expand service capacity and reduce wait times for families in need. This pilot of enhanced staffing will allow RCPC to assess long term demand and maintain services while collecting data and outcomes to inform sustainability and future funding advocacy. This funding will be leveraged with funds from the State of Alaska Department of Family and Community Services and the Fairbanks North Star Borough Opioid Remediation Grant.

# Grant Approval Memo



- Will this be a multi-year project?  
This proposal is for a one-year (12-month) grant project.

## **Trust Five Year Funding History**

<b><u>Fiscal Year</u></b>	<b><u>Project Title</u></b>	<b><u>Amount</u></b>	<b><u>Status</u></b>	<b><u>Final Expended</u></b>
2024	RCPC Telehealth Enhancement	\$50,000	Closed	\$0

## **Comp Plan Identification**

<b><u>Area of Focus</u></b>	<b><u>Objective</u></b>	<b><u>Comments</u></b>
Area of Focus 1: Early Childhood & Youth	1.3 Improve social determinants of health and strengthen family resiliency through a comprehensive framework to promote consideration of shared protection and risk factors	
Area of Focus 1: Early Childhood & Youth	1.5 Youth and their caregivers are connected to their communities	

## **Trust Focus Area Connection**

<b><u>Budget Area</u></b>	<b><u>Strategy</u></b>	<b><u>Comments</u></b>
Early Childhood & Youth	Early Childhood - Improve social determinants of health and strengthen family resiliency	

## **Project Description (from grant application)**

The Family Support Program is an established and foundational service of the Resource Center for Parents and Children (RCPC). This program reflects the original vision of RCPC’s founders in the 1970s: meeting families where they are, responding to immediate needs, and strengthening caregiver capacity to promote safe, stable, and nurturing homes.

Families in the Fairbanks North Star Borough continue to face complex challenges, including economic hardship, caregiver stress, mental health concerns, substance misuse, social isolation, and limited access to essential resources. These stressors increase the risk of child abuse and neglect and often intersect with conditions identified by the Alaska Mental Health Trust Authority (Trust), including mental illness, substance use disorders, intellectual and developmental disabilities, and traumatic brain injuries. Without accessible, low-barrier support, families experiencing these pressures are at greater risk of crisis, instability, and involvement with more intensive systems of care.

# Grant Approval Memo



RCPC is an agency dedicated to preventing and responding to child maltreatment through early intervention, education, and family-centered support. The Family Support Program is a fully self-referred, no-wrong-door service, ensuring that any caregiver seeking help receives assistance, regardless of circumstance or eligibility status. Families are welcomed without stigma, judgment, or complex entry requirements.

Through this program, RCPC provides flexible, responsive services that include:

- Assistance with basic needs (diapers, wipes, formula, baby equipment, clothing, food security resources, heating support, etc.)
- Parent education and parenting classes
- Caregiver support and skill-building
- Case management and resource navigation
- Connections to behavioral health, substance misuse treatment, housing, legal, and community services

RCPC's no-wrong-door philosophy ensures that if a needed service is not offered in-house, staff actively connect caregivers to appropriate community resources, including mental health therapy, substance misuse treatment, medical care, housing supports, and other stabilizing services. In addition, RCPC leverages complementary funding to enhance Family Support services. RCPC currently administers a \$25,000 opioid grant through the Fairbanks North Star Borough (FNSB), which is used in conjunction with the Family Support Program. This funding supports caregivers and families impacted and/or at risk of opioid substance misuse by assisting with immediate needs, resource connections, education about opioids, and referrals to treatment and recovery services. The opioid grant strengthens RCPC's ability to provide early intervention and prevention services for individuals experiencing substance use disorders.

RCPC also currently receives funding through the State of Alaska to support the Family Support Program. Existing state funding provides a critical foundation for service delivery; however, it does not fully meet the growing demand for services. Trust funding will allow RCPC to the addition of expanded staffing capacity, consistent with RCPC's strategic plan, which prioritizes strengthening Family Support services. This expansion will enable RCPC to assess ongoing community need, evaluate program impact, and collect data necessary to inform long-term sustainability. The goal of this blended funding approach is to stabilize and enhance service delivery while generating the outcomes and performance data needed to advocate for continued and diversified funding to sustain the expanded Family Support model.

Demand for Family Support services continues to rise:

- Fiscal Year 25: RCPC provided assistance to 1,143 walk-ins
- Fiscal Year 26 (July–December): RCPC has already supported 725 walk-ins
- Quarter Two FY26: Highest utilization period with 444 walk-ins

Walk-in needs included parenting education, diapers, wipes, formula, baby and child equipment, safety supplies, food security resources, behavioral health referrals, clothing, shelter resources, transportation assistance, heating services, child care resources, supervised visitation support, legal

# Grant Approval Memo



assistance, and more. These figures reflect increasing community need and the critical importance of accessible, prevention-focused family services.

Currently, the Family Support Program operates with:

- One staff member dedicated 25 hours per week
- Additional support from program staff
- Oversight from the Program Manager

Historically, RCPC has maintained a single dedicated role for Family Support. However, sustained growth in demand now requires program expansion to maintain responsiveness and effectiveness.

With Trust funding, RCPC will:

- Fully fund one full-time Family Support FTE through combined Trust, state, and FNSB grant funding
- Expand service capacity and reduce wait times
- Increase caregiver engagement and follow-through
- Pilot enhanced staffing to assess long-term demand
- Collect data and outcomes to inform sustainability and future funding advocacy

Expansion directly aligns with RCPC's strategic plan, which prioritizes strengthening and scaling Family Support services.

The project serves caregivers and families residing in the Fairbanks North Star Borough.

Primary beneficiaries include:

Alaska Mental Health Trust Beneficiaries:

- Individuals experiencing mental illness
- Individuals with substance use disorders
- Individuals with intellectual and developmental disabilities
- Individuals with traumatic brain injuries

Individuals at Risk of Becoming Beneficiaries:

- Caregivers experiencing chronic stress or trauma
- Families impacted by substance misuse
- Children exposed to adverse childhood experiences (ACEs)
- Families facing instability and unmet behavioral health needs

The Family Support Program's prevention-focused design directly supports Trust priorities in early intervention and risk reduction.

Through expanded Family Support services, RCPC anticipates:

- Increased caregiver protective capacities
- Improved parenting knowledge and confidence
- Reduced family stressors associated with abuse and neglect

# Grant Approval Memo



- Increased access to concrete supports and essential resources
- Improved linkage to behavioral health and treatment services
- Enhanced family stability and child safety

Long-term outcomes include reduced risk of child maltreatment, strengthened family functioning, and decreased reliance on crisis-driven interventions.

RCPC is a trusted and well-established provider within the Fairbanks North Star Borough. The Family Support Program is reinforced through partnerships with child welfare agencies, behavioral health providers, healthcare systems, schools, and social service organizations. Community partners regularly refer caregivers and rely on RCPC as a central access point for prevention and stabilization services.

## **Grantee Proposed Evaluation Measures (from grant application)**

The evaluation of RCPC's Family Support Program will focus on process and outcome measures to assess the effectiveness of services in meeting program goals and supporting Trust beneficiaries. The evaluation will use quantitative and qualitative data to demonstrate program impact, inform continuous improvement, and provide evidence for sustainability and future funding.

### 1. Process Evaluation

RCPC will track program implementation to ensure services are delivered as intended and are responsive to families' needs. Key process measures include:

- Number of families served (walk-ins, self-referred, or referred by partners)
- Number and type of services provided (parenting classes, basic needs assistance, case management, referrals, etc.)
- Staffing utilization and service capacity
- Referral follow-through and linkages to community resources, including mental health and substance misuse treatment

This data will be collected through RCPC's internal tracking system and staff logs. Regular monitoring will identify trends in demand, gaps in service delivery, and opportunities for program improvement.

### 2. Outcome Evaluation

The evaluation will measure the impact of Family Support services on caregivers, children, and families. Key outcome indicators include:

- Increased caregiver protective factors, including parental resilience, social connections, knowledge of parenting and child development, and concrete supports (aligned with the Strengthening Families Protective Factors Framework)
- Improved parenting knowledge and confidence through participation in evidence-based parent education
- Reduced risk factors associated with child maltreatment, including stress, isolation, and unmet basic needs
- Enhanced linkage to behavioral health and community resources, including mental health therapy, substance misuse treatment, and housing supports

# Grant Approval Memo



- Family stability and child safety outcomes, such as improved home environment and access to essential resources

Outcome data will be collected through:

- Service tracking logs documenting utilization and referral follow-through
- Case notes highlighting family progress, barriers, and successes
- Feedback from families regarding satisfaction and perceived impact

### 3. Reporting and Continuous Improvement

Data from process and outcome measures will be analyzed quarterly and shared with RCPC leadership and program staff. Findings will guide program adjustments, inform staffing needs, and support strategic planning for future expansion.

### 4. Long-Term Evaluation Goals

By systematically collecting and analyzing data, RCPC aims to:

- Demonstrate the effectiveness of Family Support in reducing child maltreatment risk and strengthening families
- Provide evidence to sustain and expand staffing and services
- Inform advocacy for continued state and local funding
- Support applications for additional grants and philanthropic funding

The evaluation plan ensures that RCPC will measure immediate and long-term impacts, document outcomes for Trust beneficiaries, and generate data necessary to maintain and expand Family Support services as a critical resource for families in the Fairbanks North Star Borough.

We also continue to have families across Alaska attend our virtual parenting classes and call to seek out support. While this emphasis of this project will be on the FNSB, we can also track the location of families and how they heard about RCPC.

## **Proposed Project Performance Measures (developed by the Trust)**

How much did you do?

- a. Number (#) of unduplicated families served during the reporting period, broken down by referral type (walk-in, self-referred, referred by partners).
- b. Number (#) of walk-ins with a tangible resource request only during the reporting period broken down by type of assistance (i.e., diapers, wipes, formula, etc.).
- c. Of the families served, number (#) of Trust beneficiaries served during the reporting period, broken down by primary beneficiary category.
- d. Number (#) of staff trained in the Circle of Security parenting course.
- e. Number (#) and type of services provided (i.e., parenting classes (in-person and virtual), basic needs assistance, case management, referrals, etc.) during the grant reporting period.

# Grant Approval Memo

How well did you do it?

- a. Provide a narrative describing the project timeline, activities, successes, challenges, and any lessons during the reporting period. Be sure to include information on the project's sustainability beyond Trust funding.
- b. Number (#) and percentage (%) of referral follow-throughs and linkages to community resources, including mental health therapy, substance misuse treatment, and housing supports.
- c. Number (#) and percentage (%) of families who were satisfied with the services received through the Family Support project.
- d. Number (#) and percentage (%) of families who felt the services they received were rendered in a supportive and non-judgmental environment.

Is anyone better off?

- a. Number (#) and percentage (%) of caregivers who demonstrated an increase in protective factors (i.e., parental resilience, social connections, knowledge of parenting and child development, and concrete supports) since participating in the program.
- b. Number (#) and percentage (%) of caregivers who demonstrated reduced risk factors associated with child maltreatment, such as stress, isolation, unmet basic needs.
- c. Number (#) and percentage (%) of families who demonstrated an increase in family stability and child safety outcomes, such as improved home environment and access to essential resources, during the grant reporting period.
- d. Number (#) and percentage (%) of caregivers who improved their knowledge and confidence through participating in evidence-based parent education during the grant reporting period.
- e. Three statements from caregivers that demonstrate the impact that the services received through the project had on their family.

## **Sustainability (from grant application)**

The Resource Center for Parents and Children (RCPC) is committed to ensuring that the Family Support Program remains a robust, accessible service for families in the Fairbanks North Star Borough beyond the period of Trust funding. The program has a long-standing history, reflecting RCPC's founding mission from the 1970s to meet families where they are and provide prevention-focused, family-centered support.

RCPC currently sustains the program through state funding and a \$25,000 opioid grant through the Fairbanks North Star Borough (FNSB). These funding sources cover staffing, program operations, and essential resources for families. However, increased demand and community need necessitate program expansion. Trust funding will allow RCPC to pilot additional staffing and strengthen service delivery capacity.

This pilot approach is designed not only to expand immediate service capacity but also to generate critical data on service utilization, family outcomes, and community impact. The data collected through this initiative will support:

- Advocacy for continued and increased state funding

# Grant Approval Memo



- Applications for additional local, state, and federal grants
- Strategic partnerships with community organizations to leverage in-kind resources
- Evidence-based demonstration of the program's effectiveness to attract long-term philanthropic support

RCPC's sustainability strategy emphasizes a blended funding model, integrating state support, local grants, and potential private funding, ensuring that Family Support services remain accessible and responsive to the evolving needs of families. By documenting outcomes and protective factor improvements, RCPC will be positioned to secure ongoing funding and institutionalize Family Support as a permanent, high-impact program in the community.

## **Who We Serve (from grant application)**

The Resource Center for Parents and Children (RCPC) is a family-centered organization dedicated to strengthening families, protecting children, and promoting safe, stable home environments. RCPC is an agency that intervenes to prevent and respond to child maltreatment, providing prevention, early intervention, and supportive services designed to reduce the risk and occurrence of abuse and neglect.

RCPC recognizes that families served through the Family Support Program frequently include individuals who are current or potential beneficiaries of the Alaska Mental Health Trust Authority. Trust beneficiaries include Alaskans who experience mental illness, intellectual and developmental disabilities, substance use disorders, Alzheimer's disease and related dementia, and traumatic brain injuries, as well as individuals at risk of developing these conditions.

Child maltreatment is closely linked with behavioral health challenges, including mental illness, substance use disorders, trauma-related conditions, and traumatic brain injuries. Many caregivers engaged in RCPC services experience challenges consistent with Trust beneficiary categories, particularly mental illness, substance use disorders, and traumatic brain injuries. Additionally, children exposed to abuse, neglect, trauma, or chronic family stress may be at increased risk of developing conditions that qualify them as future Trust beneficiaries.

Through the Family Support Program, RCPC provides prevention and early intervention services that address underlying stressors and risks associated with child maltreatment and behavioral health conditions. Services include evidence-based parent education, caregiver support, resource navigation, and connections to concrete supports.

These interventions:

- Reduce family stressors associated with abuse and neglect
- Strengthen caregiver protective capacities
- Mitigate risk factors linked to mental illness and substance misuse
- Support families impacted by trauma and brain injury
- Promote child safety and long-term family stability

By intervening early and strengthening protective factors, RCPC contributes to improved mental wellness, safer family environments, and reduced likelihood of crisis-level behavioral health needs or system involvement. When parents' and caregivers' basic needs, such as stable housing, food security,

# Grant Approval Memo



healthcare, childcare, and financial safety, are met, family stress decreases and emotional capacity increases. Reduced stress helps adults respond to children with patience and consistency rather than frustration or desperation, both of which are strongly linked to neglect and abuse. Ensuring access to essential resources is therefore not only a matter of well-being, but a powerful, evidence-based strategy for preventing child maltreatment and promoting healthy child development.

Trust beneficiaries, including caregivers or family members experiencing:

- Mental illness
- Substance use disorders
- Traumatic brain injuries
- Intellectual and developmental disabilities
- Individuals at risk of becoming Trust beneficiaries, including:
- Caregivers experiencing chronic stress or emerging behavioral health concerns
- Families impacted by substance misuse
- Children exposed to trauma or adverse childhood experiences (ACEs)

### **Estimated Numbers of Beneficiaries Served Experiencing (from grant application)**

Mental Illness:	250
Developmental Disabilities:	100
Alzheimer’s Disease & Related Dementias:	15
Substance Abuse	300
Traumatic Brain Injuries:	5
Secondary Beneficiaries (family members or caregivers providing support to primary beneficiaries):	670
Number of people to be trained	1

### **Project Budget (from grant application)**

Personnel Services Costs	\$139,256.94
Personnel Services Costs (Other Sources)	\$75,361.16
Personnel Services Narrative	<p>A total of five staff members will be funded through this project.</p> <p>.25 FTE - Family Services Manager - 0.25 FTE. Twenty five percent of this position's annual wages and fringe will be covered by this grant. This totals to \$23,101.44. Additional funds used to support this program will include .18 FTE of this position from the FNSB. This total \$14,867. This position is responsible for the day to day management of this program, including budget monitoring and program narrative reporting. Duties include managing workloads, case management, staff supervision and training, budget monitoring as well as communication and interactions with community partner</p>

# Grant Approval Memo



	<p>agencies. This role is currently fulfilled by Nathaniel Snyder, resume enclosed.</p> <p>.25 FTE - Receptionist - 0.25 FTE. Twenty five percent of this position's annual wages and fringe will be covered by this grant. This totals to \$15,712.44. RCPC is a locked facility for our client's safety. In order to keep our clients and staff safe and manage the visitors flow in a safely distanced pattern, this position sits at the front desk and manages visitor flow to the agency. This position is responsible for a variety of administrative and clerical tasks that support the program, including providing family support services to walk in clients as well as directing and coordinating with the Family Support worker to provide more detailed support to clients. This role is currently filled by Margaret Sullivan, resume enclosed.</p> <p>3.0 FTEs - Family Support Family Services Worker - 3 FTEs. One hundred percent of two of these position's annual wages and fringe benefits will be covered by this grant. This amount totals to \$100,443.06. The third position will be covered in full by another funding source totaling \$60,494.16. This position is responsible for providing comprehensive caregiver assessments, assisting caregivers who walk in, and providing research-based education and support to families. This role is currently fulfilled by Ashley Arzac, resume enclosed. We will be hiring for the other two positions.</p> <p>Fringe Benefits include the cost of FICA Taxes, Unemployment Taxes, Dental, Vision, EAP, and 403b Retirement Match of up to 4%</p>
--	---

Space or Facilities Costs	\$0.00
Space or Facilities Costs (Other Sources)	\$8,750.00
Space or Facilities Narrative	No funds are being requested by this grant for facility cost. The \$8,750.00 budgeted will be covered by other funding sources and will cover a portion of RCPC's rent and telephone costs.

Supplies Costs	\$3,743.06
Supplies Costs (Other Sources)	\$13,252.88
Supplies Narrative	Program Supplies \$3,743.06. - A total of \$3,743.06 is being requested from this funding source. This funding will cover a laptop and docking station for the Family Support worker, as well as two parenting curriculums (Active Parenting - Cooperative Coparenting through Separation or Divorce,

# Grant Approval Memo



	<p>Crossroads of Coparenting and 24/7 Dad) which will both be used to facilitate parenting classes for clients.</p> <p>The \$13,252.88 in supply costs will be covered by FNSB at a total cost of \$10,133 &amp; State of Alaska Family Support Services Grant at \$3,119.88 These supplies include another laptop and docking station, outreach materials, office supplies, and janitorial supplies.</p>
--	---

Equipment Costs	\$0.00
Equipment Costs (Other Sources)	\$235.96
Equipment Narrative	No funds are being requested by this grant for equipment costs. The \$235.96 budgeted will be covered by other funding sources and will cover a portion of RCPC's software costs.

Other Costs	\$2,000.00
Other Costs (Other Sources)	\$2400.00
Other Costs Narrative	<p>Education and Staff Development \$2,000 is being requested from this grant. The Family Support Family Services Workers will receive training in the Circle of Security Parenting course.</p> <p>The \$2,400 in other costs will include IT services as well as training for new staff members from the State of Alaska Family Support Grant.</p>

## **Other Funding Sources (from grant application)**

State of Alaska Department of Family and Community Services - PENDING (we have received this funding annually for over a decade)	\$75,000.00
Fairbanks North Star Borough Opioid Remediation Grant - SECURED	\$25,000.00
<b>Total Leveraged Funds</b>	<b>\$100,000.00</b>